Kunststofbane/Å-bane Træningstider Oktober 2024 - Marts 2025

Start uge 44

Mandag

	Kunststofbane	Kunst 8.1	Kunst 8.2	Kunst 5.1	Å-Bane	Å-bane 8.1	Åbane 8.2	FIC Hal 5	KFUM Kunst	KFUM Græs
16.30-16.45		FC U19	FC U17					FfF Piger 2015-2019		
16.45-17,00		FC U19	FC U17					FfF Piger 2015-2019		
17.00-17.15		FC U19	FC U17					FfF Piger 2015-2019		
17.15-17.30		FC U19	FC U17					FfF Piger 2015-2019		
17.30-17.45		FC U19	FC U17					FfF U9 - U 10 Drenge		
17.45-18.00	FAF U13							FfF U9 - U 10 Drenge		
18.00-18.15	FAF U13							FfF U9 - U 10 Drenge		
18.15-18.30	FAF U13							FfF U9 - U 10 Drenge		
18.30-18.45	FAF U13							FfF U9 - U 10 Drenge		
18.45-19.00	FAF U13							FfF U9 - U 10 Drenge		
19.00.19.15	FAF U13							FfF U9 - U 10 Drenge		
19.15-19.30	FAF U15							FfF U9 - U 10 Drenge		
19.30-19.45	FAF U15									
19.45-20.00	FAF U15									
20.00-20.15	FAF U15									
20.15-20.30	FAF U15									
20.30-20.45	FAF U15									
20.45-21.00										
21.00-21.15										
21.15-21.30										

Tirsdag

	Kunststofbane	Kunst 8.1	Kunst 8.2	Kunst 3.1	Å-Bane	Å-bane 8.1	Åbane 8.2	FIC Hal 5	KFUM Kunst	KFUM Græs
16.30-16.45										
16.45-17,00		FfF U11								
17.00-17.15		FfF U11						FfF U5 - U6 Drenge		
17.15-17.30		FfF U11						FfF U5 - U6 Drenge		
17.30-17.45		FfF U11	FfF U12					FfF U5 - U6 Drenge		
17.45-18.00		FfF U11	FfF U12					FfF U5 - U6 Drenge		
18.00-18.15		FfF U11	FfF U12					FfF U7 - U8 Drenge		
18.15-18.30		FfF U12	FfF U12					FfF U7 - U8 Drenge		
18.30-18.45		FfF U12	FfF U12					FfF U7 - U8 Drenge		
18.45-19.00		FfF U12	FfF U12					FfF U7 - U8 Drenge		
19.00.19.15		Senior 1 JS	Senior 2 - 3	Senior 1 JS						
19.15-19.30		Senior 1 JS	Senior 2 - 3	Senior 1 JS						
19.30-19.45		Senior 1 JS	Senior 2 - 3	Senior 1 JS						
19.45-20.00		Senior 1 JS	Senior 2 - 3	Senior 1 JS						
20.00-20.15		Senior 1 JS	Senior 2 - 3	Senior 1 JS						
20.15-20.30		Senior 1 JS	Senior 2 - 3	Senior 1 JS						
20.30-20.45										
20.45-21.00										
21.00-21.15										
21.15-21.30										

Kunststofbane/Å-bane Træningstider Oktober 2024 - Marts 2025

Onsdag

	Kunststofbane	Kunst 8.1	Kunst 8.2	Kunst 5.1	Å-Bane	Å-bane 8.1	Åbane 8.2	FIC Hal 5	KFUM Kunst	KFUM Græs
16.30-16.45	FAF U13									
16.45-17,00	FAF U13									
17.00-17.15	FAF U13				FfF U5 - U9			FfF Damesenior		
17.15-17.30	FAF U13				FfF U5 - U9			FfF Damesenior		
17.30-17.45	FAF U13				FfF U5 - U9			FfF Damesenior		
17.45-18.00		FfF U9	FfF U10	FfF U8	FfF U5 - U9			FfF Damesenior		
18.00-18.15		FfF U9	FfF U10	FfF U8	FfF Damesenior			FfF U12/14 piger		
18.15-18.30		FfF U9	FfF U10	FfF U8	FfF Damesenior			FfF U12/14 piger		
18.30-18.45		FfF U9	FfF U10	FfF U8	FfF Damesenior			FfF U12/14 piger		
18.45-19.00		FfF U9	FfF U10	FfF U8	FfF Damesenior			FfF U12/14 piger		
19.00.19.15	FAF U15									
19.15-19.30	FAF U15									
19.30-19.45	FAF U15									
19.45-20.00	FAF U15									
20.00-20.15	FAF U15									
20.15-20.30	FAF U15									
20.30-20.45										
20.45-21.00										
21.00-21.15										
21.15-21.30										

Torsdag

	Kunststofbane	Kunst 8.1	Kunst 8.2	Kunst 5.1	Å-banen	Å-bane 8.1	Åbane 8.2	FIC Hal 5	KFUM Kunst	KFUM Græs
16.30-16.45		FC U19	FC U17							
16.45-17,00		FC U19	FC U17							
17.00-17.15		FC U19	FC U17							
17.15-17.30		FC U19	FC U17							
17.30-17.45		FC U19	FC U17							
17.45-18.00		FfF U11	FfF U12							
18.00-18.15		FfF U11	FfF U12							
18.15-18.30		FfF U11	FfF U12							
18.30-18.45		FfF U11	FfF U12							
18.45-19.00		FfF U11	FfF U12							
19.00.19.15		FfF Senior 1 JS	FfF Senior 2 - 3	FfF Senior 1 JS						
19.15-19.30		FfF Senior 1 JS	FfF Senior 2 - 3	FfF Senior 1 JS						
19.30-19.45		FfF Senior 1 JS	FfF Senior 2 - 3	FfF Senior 1 JS						
19.45-20.00		FfF Senior 1 JS	FfF Senior 2 - 3	FfF Senior 1 JS						
20.00-20.15		FfF Senior 1 JS	FfF Senior 2 - 3	FfF Senior 1 JS						
20.15-20.15		FfF Senior 1 JS	FfF Senior 2 - 3	FfF Senior 1 JS						
20.15-20.30		FfF Senior 1 JS	FfF Senior 2 - 3	FfF Senior 1 JS						
20.30-20.45										
20.45-21.00										
21.00-21.15										
21.15-21.30										

Kunststofbane/Å-bane Træningstider Oktober 2024 - Marts 2025

Fredag

	Kunststofbane	Kunst 8.1	Kunst 8.2	Kunst 5.1	Å-Banen	Å-bane 8.1	Åbane 8.2	FIC Hal 5	KFUM Kunst	KFUM Græs
16.00-16.15										
16.15-1630										
16.30-16.45		FC U19	FC U17							
16.45-17,00		FC U19	FC U17							
17.00-17.15		FC U19	FC U17							
17.15-17.30		FC U19	FC U17							
17.30-17.45		FC U19	FC U17							
17.45-18.00	FAF U15									
18.00-18.15	FAF U15									
18.15-18.30	FAF U15									
18.30-18.45	FAF U15									
18.45-19.00	FAF U15									
19.00.19.15	FAF U15									
19.15-19.30										
19.30-19.45										
19.45-20.00										
20.00-20.15										
20.15-20.30										
20.30-20.45										
20.45-21.00										
21.00-21.15										
21.15-21.30										